

BASIC BLOCKS - STANDARD SIZE CHART (CM)

All DesignLab basic blocks and sewing patterns are drafted using our standard size chart displayed below.

Eases:

Each basic block comes with a specific ease that has been added during the drafting process. Eases are displayed as percentages of the measurements below. For example, if a UK10 basic block has a bust ease of 7% then the ease is calculated as follows:

UK10 Bust measurement = 88cm

Bust ease percentage = 7%

Bust ease in cm: $(88/100) \times 7 = 6.16\text{cm}$

UK	4	6	8	10	12	14	16	18	20	22	24
USA	0	2	4	6	8	10	12	14	16	18	20
EUR	32	34	36	38	40	42	44	46	48	50	52
AUSTRALIA	4	6	8	10	12	14	16	18	20	22	24
JAPAN	3	5	7	9	11	13	15	17	19	21	23
Neck Circumference	34cm	35cm	36cm	37cm	38cm	39cm	40cm	41cm	42.4cm	43.8cm	45.2cm
Shoulder	11.5cm	11.8cm	12cm	12.3cm	12.5cm	12.8cm	13cm	13.3cm	13.6cm	13.9cm	14.2cm
Chest	28.8cm	30cm	31.2cm	32.4cm	33.6cm	34.8cm	36cm	37.2cm	39cm	40.8cm	42.6cm
Side Neck Point to Bust	24.8cm	25.2cm	25.6cm	26cm	26.4cm	26.8cm	27.2cm	27.6cm	28.2cm	28.8cm	29.4cm
Bust	76cm	80cm	84cm	88cm	92cm	96cm	100cm	104cm	110cm	116cm	122cm
Rib Cage	63cm	67cm	71cm	75cm	79cm	83cm	87cm	91cm	95cm	99cm	103cm
Bust Span	17cm	17.9cm	18.8cm	19.7cm	20.6cm	21.5cm	22.4cm	23.3cm	24.5cm	26.7cm	26.9cm
Top Arm	24.8cm	26cm	27.2cm	28.4cm	29.6cm	30.8cm	32cm	33.2cm	35.2cm	37.2cm	39.2cm
Wrist	14.5cm	15cm	15.5cm	16cm	16.5cm	17cm	17.5cm	18cm	18.7cm	19.4cm	20.1cm
Sleeve length	57cm	57.5cm	58cm	58.5cm	59cm	59.5cm	60cm	60.3cm	60.5cm	60.8cm	61cm
Armhole Depth	19.8	20.2cm	20.6cm	21cm	21.4cm	21.8cm	22.2cm	22.6cm	23.2cm	23.8cm	24.4cm
Back Width	31.4cm	32.4cm	33.4cm	34.4cm	35.4cm	36.4cm	37.4cm	38.4cm	39.8cm	41.2cm	42.6cm
Waist	60cm	64cm	68cm	72cm	76cm	80cm	84cm	88cm	94cm	100cm	106cm
Front Side Neck Point to Waist	41.8cm	42.2cm	42.6cm	43cm	43.4cm	43.8cm	44.2cm	44.6cm	45cm	45.4cm	45.8cm
Back Side Neck Point to Waist	41.8cm	42.2cm	42.6cm	43cm	43.4cm	43.8cm	44.2cm	44.6cm	45cm	45.4cm	45.8cm
Hip	84cm	88cm	92cm	96cm	100cm	104cm	108cm	112cm	117cm	122cm	127cm
Top Hip	70cm	74cm	78cm	82cm	86cm	90cm	94cm	98cm	104cm	110cm	116cm
Waist to Hip	19.7cm	20cm	20.3cm	20.6cm	20.9cm	21.2cm	21.5cm	21.8cm	22.1cm	22.4cm	22.7cm
Waist to Knee	57cm	57.5cm	58cm	58.5cm	59cm	59.5cm	60cm	60.5cm	61cm	61.5cm	62cm
Thigh	45cm	48cm	51cm	54cm	57cm	60cm	63cm	66cm	69cm	72cm	75cm
Knee	30.8cm	32.3cm	33.6cm	35cm	36.4cm	37.8cm	39.2cm	40.6cm	42cm	43.4cm	44.8cm
High Ankle	19.5cm	20cm	20.5cm	21cm	21.5cm	22cm	22.5cm	23cm	23.7cm	24.4cm	25.1cm
Ankle	22.5cm	23cm	23.5cm	24cm	24.5cm	25cm	25.5cm	26cm	26.7cm	27.4cm	28.1cm
Waist to Floor	101cm	102cm	103cm	104cm	105cm	106cm	107cm	108cm	109cm	110cm	112cm
Body Rise	25.9cm	26.6cm	27.3cm	28cm	28.7cm	29.4cm	30.1cm	30.8cm	31.8cm	32.8cm	33.8cm
Crotch Length	64cm	66.5cm	69cm	71.5cm	74cm	76.5cm	79cm	81.5cm	85.3cm	89cm	92.8cm
Crotch Depth	28.8cm	29.9cm	31cm	32cm	33.3cm	34.4cm	35.5cm	36.6cm	38.3cm	40cm	41.7cm

BASIC BLOCKS - STANDARD SIZE CHART (INCHES)

All DesignLab basic blocks and sewing patterns are drafted using our standard size chart displayed below.

Eases:

Each basic block comes with a specific ease that has been added during the drafting process. Eases are displayed as percentages of the measurements below. For example, if a UK10 basic block has a bust ease of 7% then the ease is calculated as follows:

UK10 Bust measurement = 88cm

Bust ease percentage = 7%

Bust ease in cm: $(88/100) \times 7 = 6.16\text{cm}$

UK	4	6	8	10	12	14	16	18	20	22	24
USA	0	2	4	6	8	10	12	14	16	18	20
EUR	32	34	36	38	40	42	44	46	48	50	52
AUSTRALIA	4	6	8	10	12	14	16	18	20	22	24
JAPAN	3	5	7	9	11	13	15	17	19	21	23
Neck Circumference	13.39"	13.78"	14.17"	14.57"	14.96"	15.35"	15.75"	16.14"	16.69"	17.24"	17.80"
Shoulder	11.5cm	4.63"	4.72"	4.82"	4.92"	5.02"	5.12"	5.22"	5.35"	5.47"	5.59"
Chest	11.34"	11.81"	12.28"	12.76"	13.23"	13.7"	14.17"	14.65"	15.35"	16.06"	16.77"
Side Neck Point to Bust	9.76"	9.92"	10.08"	10.24"	10.39"	10.55"	10.71"	10.87"	11.1"	11.34"	11.57"
Bust	29.92"	31.5"	33.07"	34.65"	36.22"	37.8"	39.37"	40.94"	43.31"	45.67"	48.03"
Rib Cage	24.8"	26.38"	27.95"	29.53"	31.1"	32.68"	34.25"	35.83"	37.4"	38.98"	40.55"
Bust Span	6.69"	7.05"	7.4"	7.76"	8.11"	8.46"	8.82"	9.17"	9.65"	10.51"	10.59"
Top Arm	9.76"	10.24"	10.71"	11.18"	11.65"	12.13"	12.6"	13.07"	13.86"	14.65"	15.43"
Wrist	5.71"	5.91"	6.1"	6.3"	6.5"	6.69"	6.89"	7.09"	7.36"	7.64"	7.91"
Sleeve length	22.44"	22.64"	22.83"	23.03"	23.23"	23.43"	23.62"	23.72"	23.82"	23.92"	24.02"
Armhole Depth	7.8"	7.95"	8.11"	8.27"	8.43"	8.58"	8.74"	8.9"	9.13"	9.37"	9.61"
Back Width	12.36"	12.76"	13.15"	13.54"	13.94"	14.33"	14.72"	15.12"	15.67"	16.22"	16.77"
Waist	23.62"	25.2"	26.77"	28.35"	29.92"	31.5"	33.07"	34.65"	37.01"	39.37"	41.73"
Front Side Neck Point to Waist	16.46"	16.61"	16.77"	16.93"	17.09"	17.24"	17.4"	17.56"	17.72"	17.87"	18.03"
Back Side Neck Point to Waist	16.46"	16.61"	16.77"	16.93"	17.09"	17.24"	17.4"	17.56"	17.72"	17.87"	18.03"
Hip	33.07"	34.65"	36.22"	37.8"	39.37"	40.94"	42.52"	44.09"	46.06"	48.03"	50"
Top Hip	27.56"	29.13"	30.71"	32.28"	33.86"	35.43"	37.01"	38.58"	40.94"	43.31"	45.67"
Waist to Hip	7.76"	7.87"	7.99"	8.11"	8.23"	8.35"	8.46"	8.58"	8.7"	8.82"	8.94"
Waist to Knee	22.44"	22.64"	22.83"	23.03"	23.23"	23.43"	23.62"	23.82"	24.02"	24.21"	24.41"
Thigh	17.72"	18.9"	20.08"	21.26"	22.44"	23.62"	24.8"	25.98"	27.17"	28.35"	29.53"
Knee	12.13"	12.68"	13.23"	13.78"	14.33"	14.88"	15.43"	15.98"	16.54"	17.09"	17.64"
High Ankle	7.68"	7.87"	8.07"	8.27"	8.46"	8.66"	8.86"	9.06"	9.33"	9.61"	9.88"
Ankle	8.86"	9.06"	9.25"	9.45"	9.65"	9.84"	10.04"	10.24"	10.51"	10.79"	11.06"
Waist to Floor	39.76"	40.16"	40.55"	40.94"	41.34"	41.73"	42.13"	42.52"	42.91"	43.31"	44.09"
Body Rise	10.2"	10.47"	10.75"	11.02"	11.3"	11.57"	11.85"	12.13"	12.52"	12.91"	13.31"
Crotch Length	25.2"	26.18"	27.17"	28.15"	29.13"	30.12"	31.1"	32.09"	33.58"	35.04"	36.54"
Crotch Depth	11.33"	11.77"	12.20"	12.59"	13.11"	13.54"	13.97"	14.40"	15.07"	15.74"	16.41"